

Spohn Performance | Support Center

What spring rate should I run on your Part #737 Pro-Tour front coil over kit for 1982-1992 GM F-Body?

Part #737 Pro-Tour Front Coil Over Kit

Spring Rate Recommendations:

Street/Good Handling: 300#

Road Racing: 325# - 350#

<https://www.spohn.net/support/questions/33/>