

Spohn Performance | Support Center

What spring rate should I run on your Part #738 Pro-Drag front coil over kit for 1982-1992 GM F-Body?

Part #738 Pro-Drag Front Coil Over Kit

Spring Rate Recommendations:

Small Block/LT1/LSx/V-6: 175#

Big Block: 200#

<https://www.spohn.net/support/questions/34/>