Spohn Performance | Support Center

Where should I set my adjustable shocks and struts? What is a good shock and strut setting for compression and rebound?

If you're looking for some tips and pointers on how and where to adjust your adjustable shocks or struts there's a great tech article over at Dragzine.com that will tell you everything you need to know. You can check it out by clicking here.

https://www.spohn.net/support/questions/350/